

### Sailing at Henderson Harbor Yacht Club

We look forward to spending quality time on the water this summer. To support our continued enjoyment, we need to follow safe practices to protect our community and especially fellow sailors. Some general guidelines, followed by specific racing considerations, are below. Associated activities ashore present the higher risks for infection.

#### For all sailing activities:

- Observe our Club's general guidelines – maintain social distancing & wash hands frequently.
- Traffic on docks should be limited to specific boating activities.
- Follow Club guidelines for hoist use – wear masks when in close quarters, clean pendant frequently, consider wearing gloves, limit number of persons launching/retrieving boats (US Sailing suggests three).
- If a different crew is sharing a boat without 4-5 days inactivity in between, all touch surfaces should be disinfected.
- Rafting up with other boats is not recommended.
- In windy weather, plan ahead how to safely aid a docking boat if necessary.
- **Always wear PFD's while on the water and have all required safety equipment on your boat.**

#### Racing – One Design Fleets

- Designate a Race Coordinator who will describe Sailing Instructions for each race, manage the starting sequence, and record finish places.
- Crews on any one boat should be from a common household until social distancing rules are eased. Wearing masks while sailing is not recommended as they pose a hazard in case of capsize or person overboard.
- Take a more conservative view of potentially threatening weather
- Consider boat hooks and other equipment to safely aid boats in distress
- Women's Challenge I & II (7/11, 8/29) will be run the same as other one-design races

#### Racing – PHRF boats

- 2020 Club Races are: Charlie Bangs Memorial (Sunday 6/20); Keg Classic (6/27); Pickslay Ramble (8/8); Commodore's Cup (8/15); Duck Island/Typhoon Distance Race (8/22)
- Races will use existing (Government) marks. When Mooring Area corner buoys are used, be sure to stay well clear of moored boats and lines. All boats should have VHF Marine radios able to monitor channels 9, 16, 68, 71, and 72.
- An email will be sent on the Friday before the race to those registered (see below) with start times, VHF channel to be monitored, tentative race coordinator, and any special instructions. This should make the skipper's meeting unnecessary. If there are last-minute questions or changes requiring a meeting, be sure to observe social distancing.
- Options for no-RC racing include:
  - GPS start sequence and finish time. One boat may provide signals, horn or radio. All boats must have GPS with seconds readout of time. Boats clearly over early should take initiative to recross the line.
  - Pursuit Start – staggered start based on PHRF time-on-distance. Record finish places only\*. Fastest boat calls out starting times on VHF radio and watches the start line. A table of start time offsets for several courses will be available.
  - Rabbit Start – Windward start favored by larger clubs. "Rabbit" rounds starting pin to close-hauled Port tack while others sail toward pin on Starboard reach, starting race

close hauled after crossing Rabbit's stern. Rabbit tacks to Starboard after last boat is clear. In principle all boats have an even start. Rabbit records time tacking to Starboard and all boats record finish time.

- Crews on any one boat should be from a common household. Otherwise, maintain social distancing, consider wearing gloves and disinfecting touch surfaces frequently. Masks should not be worn when on deck and there is risk of persons overboard. Avoid touching your face and wash hands frequently. Skipper has responsibility to promote social distancing and safe practices consistent with applicable guidelines.
- Take a more conservative view of potentially threatening weather
- Consider boat hooks and other equipment to safely aid boats in distress
- Keep a respectable distance from other boats, play nice, and relax. We're all out here for enjoyment.

#### **Other Options:**

We may consider holding combined O.D. and PHRF races with Pursuit Start, Rabbit Start or Portsmouth handicapping.

#### **Pre-registration for Club Races**

As discussed at the Annual Meeting last October, in order to effectively utilize Race Committee resources and aid in planning, skippers should pre-register for each PHRF Club race by going to the [HHYC Sailing Events Calendar](#), click on the event, then Register. (An email address is all that's required –you can ignore the rest, though filling in missing boat information would be helpful. Login is NOT required.) Alternatively an email can be sent to [hhycsailingactivities@gmail.com](mailto:hhycsailingactivities@gmail.com) or call David Rice (607) 379-1938. **If there are not at least two boats registered by the end of Thursday before the race, the race will be cancelled.**

\* Recording Finish Times for Pursuit races, particularly for the outliers, would help in understanding how well the handicap system is working.