



Eastern Yachting Circuit
July 11, 12, &13
Henderson Harbor Yacht Club
Henderson Harbor N.Y.



SAILING INSTRUCTIONS

V4.0

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The prescriptions of U.S. Sailing will apply.
- 1.3 PHRF – Lake Ontario (PHRF-LO) rules will apply to boats racing under PHRF.
- 1.4 The protest committee may impose suitable penalties, other than disqualification, for violations of the PHRF-LO Rules, or other non Part 2 rules. This changes RRS64.1
- 1.5 PENALTIES AT THE TIME OF THE INCIDENT. The first two sentences of rule 44.1 are changed to: 'A boat may take a OneTurn Penalty when she may have broken a rule of Part 2 or rule 31 while racing.
- 1.6 If there is a conflict between languages the English text will take precedence.
- 1.7 All boats must have a minimum of two people on board.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the main entrance to the HHYC club house.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted before 0900h on the day it will take effect, except that any change to the schedule of races will be posted by 2000h on the day before it will take effect.
- 3.2 The Race Committee may make verbal changes to the sailing instructions via VHF radio on the water.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on a flag pole located on the HHYC grounds.
- 4.2 When flag AP is displayed ashore, “1 minute” is replaced with “not less than 30 minutes” in the race signal AP.

5 SCHEDULE OF RACES

- 5.1 Thursday July 11 Distance Race:
 Skippers Meeting 900h
 First Warning 1000h No Warning Signal after 1200
- 5.2 Friday July 12 Course Racing:
 Skippers Meeting 930h
 First Warning 1030h No Warning Signal after 1500h
- 5.3 Saturday July 13 Course Racing:
 Skippers Meeting 930h

First Warning 1030h No Warning Signal after 1500h

5.4 Five (5) races are scheduled for Course Racing.

5.5 The RC and OA reserve the right to modify the program due to weather conditions or other causes.

5.6 Flag A displayed with no sound, while boats are finishing means 'No more racing today.'

6 CLASS FLAGS

Class Flags shall be numeral pennants corresponding to division number.

7 RACING AREAS

7.1 The racing area will be Lake Ontario In Henderson Harbor and surrounding areas. The starting area will be approximately 1.5 nm north of the Henderson Harbor Yacht Club.

7.2 At the discretion of the Race Committee the racing area may be moved as needed to accommodate the wind direction.

8 THE COURSES

8.1 The course will be: Windward – Leeward, twice around. The Leeward mark will be to weather of the start – finish line. See Appendix 1. The Leeward mark may or may not be in position at the start. There will be separate windward marks for the Spinnaker and Genoa Only fleets. The Genoa Only mark will be approximately 1/4 mile short of the Spinnaker mark.

8.2 No later than the warning signal, the race committee will display the approximate compass bearing of the first mark.

9 MARKS

The marks will be orange and yellow inflatable buoys (cylinders, see course diagram for more details). Mark's and equipment may vary depending on conditions and equipment available.

10 AREAS THAT ARE OBSTRUCTIONS

The following areas are designated as obstructions: The Coastguard sanctioned mooring area north of the HHYC main pier.

11 THE START

11.1 The start will be between a orange cylinder and a staff with an orange flag on a nearby committee boat.

11.2 The race committee will attempt to announce OCS boats by VHF radio The absence of, timing or order of such an announcement, or the inability hear the announcement shall not be cause for redress. This changes Rule 62.1(a)

11.3 Boats starting more than four minutes after their starting signal will be scored Did Not Start without a hearing. This changes Rule A5.

11.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

12 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark or move the finishing line and remove the original mark as soon as is practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

13 THE FINISH

- 13.1 The finish line will be between an orange cylinder and a staff with an orange flag on a nearby committee boat.
- 13.2 For the Long Distance Race, the committee boat will be on station three hours after the start and remain on station until all boats have finished or 1700hrs. After 1700hrs the committee boat will be replaced by an orange mark and finishing boats will report the GPS time they crossed the line between the two orange finishing marks.

14 TIME LIMITS AND TARGET TIMES

- 14.1 There is no time limit for the distance race.
- 14.2 The time limit for course racing for all boats is two hours. Any boat not finishing within 30 minutes of the first boat in her division to finish will be scored TLE without a hearing, which will be the number of that finished under the time limit plus one. This changes Rule 35 and A5.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest forms are available in the HHYC clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2 For each course, the protest time limit is 60 minutes after the committee boat docks. The Race Committee will raise code flag "B" on the HHYC flagpole when the committee boat docks and will lower it when the protest time limit expires.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the sun room on the west side of the HHYC clubhouse.
- 15.4 Breaches of instructions 19 or 20 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 15.5 On the last scheduled day of racing a request for reopening a hearing shall be delivered (a) within the protest time limit if the requesting party was informed of the decision on the previous day; (b) no later than 30 minutes after the requesting party was informed of the decision on that day. This changes rule 66.
- 15.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.
- 15.7 Boats intending to file a protest shall not lower their protest flag until, after finishing they sail astern of the committee boat and notify the race committee of their intention to protest. Notifications by VHF radio will not be accepted. This changes rule 61.1(a).

16 SCORING

- 16.1 The scoring system of RRS Appendix A2 will be applied as modified below.
- 16.2 One (1) race is required to be completed to constitute a series.
- 16.3 When the Course Racing series is scored by division and five (5) course races have been completed, a boat's score will be the total of her race scores excluding her worst score. Scoring for overall awards in the Genoa Only (Non-Flying Sails) or Spinnaker (Flying Sails) fleets will include all completed races.

17 SAFETY REGULATIONS

- A boat that retires from the race shall notify the race committee as soon as possible.

18 TRAH DISPOSAL

Trash from boats that is discarded at HHYC by must be placed in bags and deposited in the HHYC dumpster at the northeast corner of HHYC grounds.

19 HAUL-OUT RESTRICTIONS

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

20 DIVING EQUIPMENT AND PLASTIC POOLS

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

21 RADIO COMMUNICATION

22.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

22.2 The Race Committee will use VHF channel 68 or 71 to make announcements.

22 PRIZES

Trophies will be determined and awarded in accordance with the EYC trophy requirements. Divisional keeper trophies and flags will also be awarded.

23 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

24 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$300,000 per incident or the equivalent.

Appendix 1: Distance Race Course: Spinnaker Fleet (Flying Sails)

Start Line will be in Henderson Harbor.

A short weather leg may be added depending on the wind direction.

A turning mark will be left to Starboard

Leave Lime Barrell G-1 (Green Pillar) to Port N 43 54.731/ W 076 11.934

Leave Point Peninsula G3 (Green Pillar) to Port N 43 56.874/ W 076 16.435

Leave the Calf Island Spit Buoy (Green Can) to Port N 43 51.404/ W 076 23.462

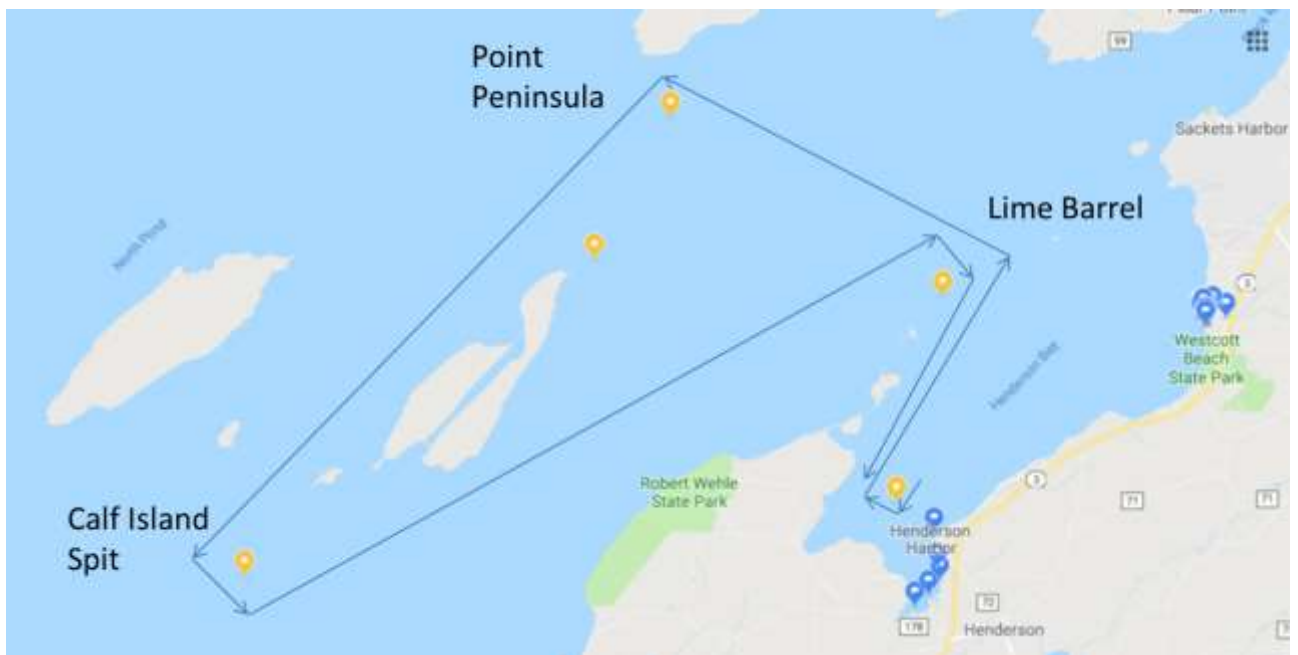
Leave Stoney Island to Port

Leave Lime Barrell G-1 (Green Pillar) to Starboard N 43 54.731/ W 076 11.934

Finish will be between the committee boat and an orange mark.

The committee boat will be on station three hours after the start and remain on station until all boats have finished or 1700hrs. After 1700hrs the committee boat will be replaced by an orange mark and finishing boats will report the GPS time they crossed the line between the two orange finishing marks.

If necessary, the race committee may shorten this course to the Distance Race Genoa Only course, Appendix 2.



Appendix 2: Distance Race Genoa Only (Non-Flying Sails)

Start Line will be in Henderson Harbor.

A short weather leg may be added depending on the wind direction.

A turning mark will be left to Starboard

Leave Lime Barrell G-1 (Green Pillar) to Port N 43 54.731/ W 076 11.934

Leave Point Peninsula G3 to Port N 43 56.874/ W 076 16.435

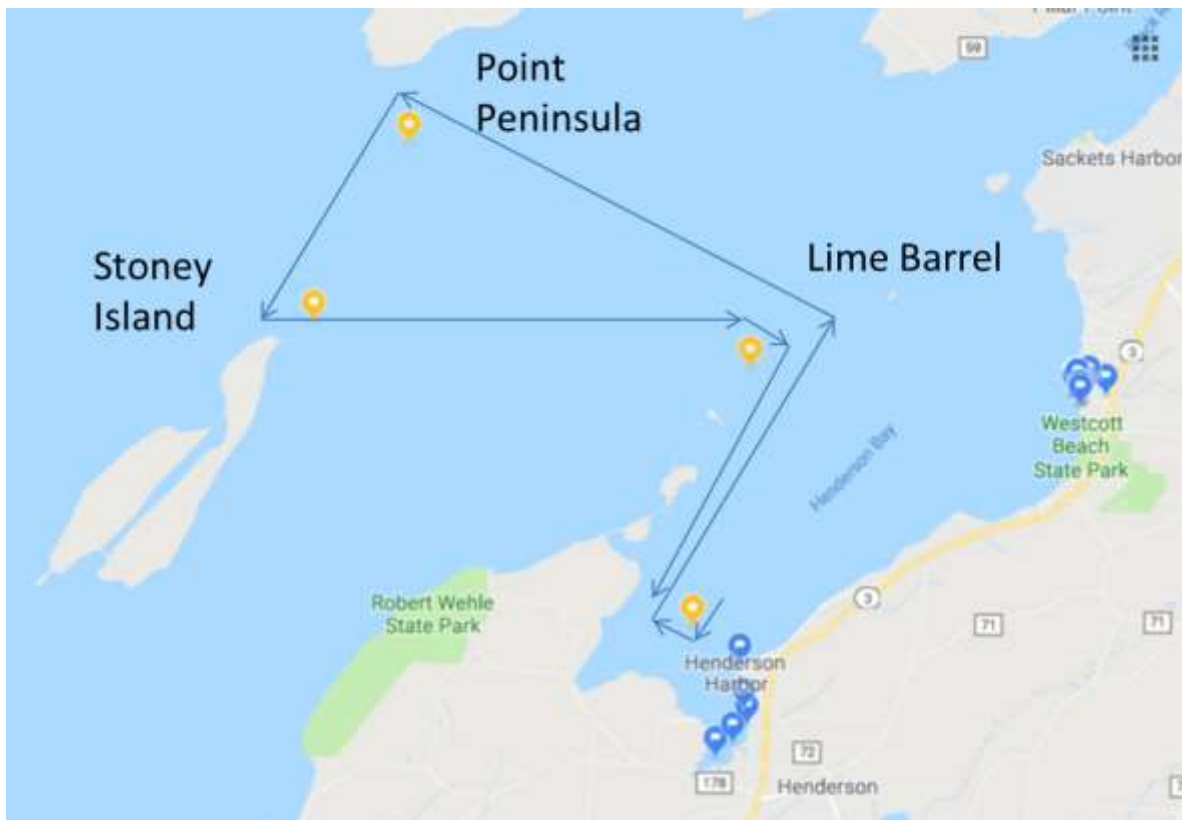
Leave Stony Buoy (Red Pillar) to Port N 43 55.174/ W 076 17.663

Leave Lime Barrell G-1 (Green Pillar) to Starboard N 43 54.731/ W 076 11.934

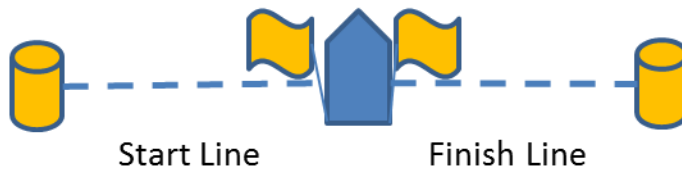
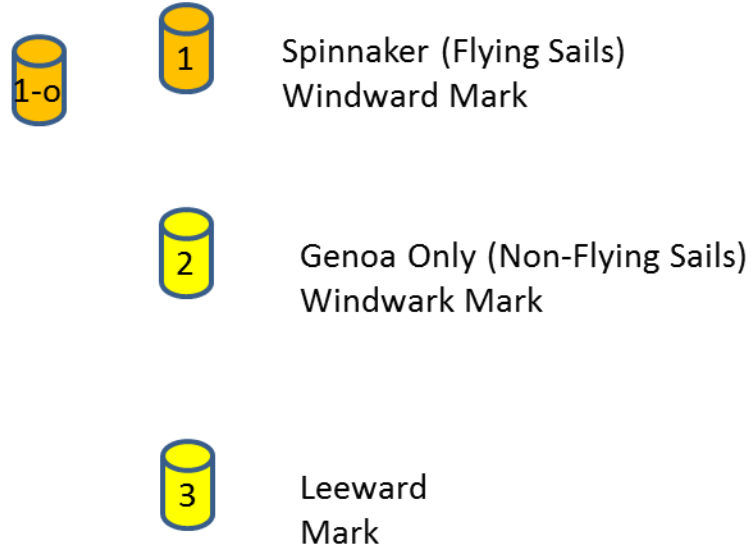
Finish will be between the committee boat and an orange mark.

The committee boat will be on station three hours after the start and remain on station until all boats have finished or 1700hrs. After 1700hrs the committee boat will be replaced by an orange mark and finishing boats will report the GPS time they crossed the line between the two orange finishing marks.

If necessary, the race committee may shorten this course to exclude the Point Peninsula and Stony Island marks.



Appendix 3: Course Racing Diagrams



Spinnaker Fleet Course: Start – 1 – 3 – 1 – Finish
Genoa Only Fleet Course: Start – 2 – 3 – 2 – Finish
Marks are left to port