



HHWSP SAIL/SWIM PROGRAM RULES

HHWSP students need to follow the rules listed below to ensure their personal safety and safety of others in the program.

1. Treat instructors and fellow students with respect at all times.
2. Treat all HHYC and HHWSP equipment, property, and facilities with respect at all times.
3. Treat everyone's belongings or property with respect.
4. Always walk and use indoor voices in the HHYC main club house or in the JYC.
5. No dangerous behaviors are allowed and always use appropriate language. If you wouldn't say it in front of your mom you should not say it during sail/swim lessons.
6. Closed-toed water shoes or the equivalent should always be worn.
7. Stay safe: no diving off the docks.
8. Always walk (don't run) on the docks so you don't trip and hurt yourself.
9. Only plastic or metal containers for drinks or food are allowed on the docks.
10. Only swim in areas designated by your instructors.
11. Always follow directions, stay safe, and have fun!

HHWSP RULES OF CONDUCT

While you are a guest on Henderson Harbor Yacht Club property, and when on the water, you will behave well and treat both the other participants in the program and instructors with respect.

Shoes (**no sandals, tevas, open toed shoes, heeless shoes**) and P.F.D.s (**life jackets**) are mandatory and will be worn.

Electronic devices are not permitted at sail school. No video games, I-Pods, MP3 players, etc. (**Cell phones should be kept in your bag during sail school hours and only be used when calling parents/guardians for rides.**)

Bad language, disrespect or insults to others, talking back to instructors, fighting, un-sportsmanship conduct, and other forms of poor behavior have no place here and are not acceptable during program hours. Be positive!

You will follow all of the instructions of our staff, whether on or off the water. It is particularly critical that these instructions be followed when any safety aspect is involved, such as staying with an instructor when on the water, unless the instructor specifically permits otherwise.

You understand that the grounds, the boats, and the other equipment used in the program are the property of Henderson Harbor Yacht Club and Henderson Harbor Water Sports Programs, Inc. You will treat this property carefully and will not damage it. You recognize that taking good care of equipment is part of the program. You recognize and understand that any damage incurred purposefully (intentionally ramming another boat) will result in you being responsible for full payment to correct the damage.

Parents or an authorized adult must pick you up at the end of class, or you must have transportation to leave at the end of class. No arrangements are available for supervision after class. If you are waiting for your ride home you will behave in an appropriate fashion. If you are being picked up by anyone other than your parent or guardian, HHWSP will need written permission from your parents or guardians.

These rules are simple and straightforward. Behave as if you would in front of your grandmother, do what you instructor says, be respectful, and wear your life jackets and closed-toed shoes.

There will be consequences for breaking rules. Consequences range from verbal warnings, to temporary loss of sailing privileges, to expulsion from the program.

I have read and understand these rules, and I will comply with them.

Participant

Date

Parent/Guardian

HENDERSON HARBOR WATER SPORTS PROGRAMS, INC. POLICES

Student Absence:

In case of absence, it is the student's responsibility to notify the instructor by calling the Yacht Club or the Program Director. Tuition will not be refunded for missed classes.

Dismissal of Students:

The program director reserves the right to dismiss any student due to behavioral problems, profanity, intentional damage to club property and boats, non payment of fees, or failure to abide by programs policies.

Attire:

- All sail students are required to have, and wear while on board boats or docks, a personal flotation device of the appropriate size.
- Sail students are required to wear closed toe, non-skid shoes.
- Water shoes are required for all swim students.
- Sail Students should bring sunscreen and a water bottle to class.
- Sail Students should plan on dressing in easy fitting clothing that allows for movement. Students should bring a clean, dry towel each class. It is recommended that all students bring a change of clothes with them.

Lunches:

Students participating in full day classes will need to bring their own lunches to class. We also recommend that they bring bottled water with them especially on hot days. There is a soda machine at the club, but the kitchen is not open during the week for food or beverages.

Class Observation:

Parents are welcome to utilize the Club grounds and facilities during the course of instruction. You are asked to, please, not interrupt the instruction.

Questions:

If you have questions about any aspect of the program you are encouraged to speak with the program director, or the head instructor at the end of the class or by email at hhsa.sailing@gmail.com.

Student Pick-Up:

Please arrange to arrive to pick students up prior to the end of class. Instructors will make every effort to dismiss classes on time. Instructors are required to stay until all students have been picked-up; therefore, it is important that students be picked-up at the end of class. **Students who wish to ride their bikes, ride home with someone other than a parent, or walk home must have a note from their parents so we can keep it on file. Notes for the entire summer are acceptable if you make arrangements for car pools or rides from other friends and family.**

APPLICATION AND AGREEMENT

Henderson Harbor Water Sports Program Inc.
PO Box 405 – Henderson Harbor, N.Y. 13651

Student Details:

Name of Applicant: _____
Last First Middle

Date of Birth: _____ Height: _____ Weight: _____ Sex: M / F

Custodial Parent's Name: _____

Non-Custodial Parent's Name: _____

Local Phone: _____ Cell Phone: _____ Mom / Dad

Work Phone: _____ Mom / Dad E-mail: _____

Class applied for:

- | | | | |
|--|------|--|------|
| <input type="radio"/> Sea Squirts 1 (am) | M/W | <input type="radio"/> Adult Sailing | M/W |
| <input type="radio"/> Sea Squirts 2 (pm) | M/W | <input type="radio"/> Boater Safety | Th |
| <input type="radio"/> Sailing 1 | T/TH | <input type="radio"/> Racing Clinic | T/Th |
| <input type="radio"/> Sailing 2 | M/W | <input type="radio"/> Swimming Level _____ | T/Th |

(HHWSP Reserves the right to make the final decision based on skill level of student)

Special Circumstances:

Please indicate if the student will only be participating in part of the program. Please list dates of participation or any other circumstances that would affect normal enrollment in class.

I (We) the undersigned, parents or guardians of this applicant consent to his/her participation in the Henderson Harbor Water Sports Programs, Inc. Summer 2011 program at HHYC, and in consideration of the permission granted to the above named person to take advantage of the facilities offered in connection with the summer programs, do hereby jointly and severally, for ourselves, our heirs, spouses, family members, personal representatives and assigns, agree to indemnify and hold harmless Henderson Harbor Water Sports Programs, Inc. and the Henderson Harbor Yacht Club, its officers, personnel, agents and employees, acting officially or unofficially, against any and all suits, actions, claims, costs or demands, whether arising from sole or concurrent negligence or otherwise including those resulting from death, personal injury, and property damage, to which Henderson Harbor Water Sports Programs, Inc. and Henderson Harbor Yacht Club, its officers, personnel, agents, and employees may be subject by reason of the said above named persons joining the Henderson Harbor Water Sports Programs, Inc. Summer 2011 program at Henderson Harbor Yacht Club and taking part in its activities or his/her presence on board any boats, piers, beaches, bulkheads, clubhouses, or any other places in connection with said summer 2011 program activities.

Parents are responsible for, and agree to pay for, boat damage beyond normal wear and tear. Parents are responsible for their children before and after actual class times.

Signature of Parent(s)

Date

HENDERSON HARBOR WATER SPORTS PROGRAMS, INC.

MEDICAL INFORMATION AND RELEASE

Participation is not permitted without completion of this form!

Student Name: _____ Birth Date: _____

Parent's Name(s): _____

Home Address: _____

City: _____ State: _____ Zip: _____

Local Address: _____

City: _____ State: _____ Zip: _____

Local Phone: _____ Home Phone: _____ Cell Phone: _____

Emergency Contact (not parent) _____ Phone: _____

Medical Information:

Physician's Name: _____ Phone: _____

Insurance Co.: _____ Policy: _____

Date of last Tetanus Booster: _____ Blood Type: _____

Current Medications: _____

Why are they being taken? _____

Allergies: Y / N Explain: _____

Has a doctor placed any restrictions on activities? Y / N Explain: _____

Liability and Medical Release: I (We) the undersigned parent, parents, or guardians of _____, a minor, understand that participation in this program is entirely at their own risk and that neither the Henderson Harbor Water Sports Program, Inc. Board of Directors, volunteers, and instructors, Henderson Harbor Yacht Club, chaperones, sponsors, nor the organizing bodies or committees or individuals appointed or volunteering accept any liability for damage-material or personal- suffered during this program, and do hereby authorize and consent to any X-ray, examination, anesthetic, medical or surgical diagnosis rendered under the general or special supervision of any member of the medical staff licensed under the provisions of the Medicine Practice Act or a dentist licensed under the provision of the Dental Practice Act or on the staff of any acute general hospital holding a current license to operate a hospital from the State of New York Department of Health, or from any other state or Canada. It is understood that this authorization is given in advance of any specific diagnosis, treatment, or hospital care being required but it is given to provide authority and power to render care which the aforementioned physician in the exercise of his/her best judgment may deem advisable. It is understood that all effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached.

Signature of Parent or Guardian

Relationship to Student

Date

HENDERSON HARBOR WATER SPORTS PROGRAMS, INC.

PHOTO RELEASE

HHWSP would like permission to use photographic images of our students sailing, swimming, and enjoying our programs to help advertise our classes. HHWSP will not share these images with any other organization or group. We would like to post images of our students on our web page and in some HHWSP promotional materials. We respect the rights of parents and guardians to control the use of any images with their children in them. We strongly support the rights of parents to opt out of this and will only use these images with your express permission. Please review the form below and let us know what works best for you and your family. If we do not have a photo release on file we will assume that you do not want images of your students used in any HHWSP materials. As always, thank you for your support of the HHWSP programs.

I _____ parent/guardian of _____

- Do not give HHWSP permission to use any images with my student in them.
- Do give HHWSP permission to use images of my student, but only on promotional materials and not on the HHWSP webpage.
- Do give permission to HHWSP to use images of my student for promotional materials and on the HHWSP web page.

If your wishes concerning the use of images of your student changes at any time please contact Canaan Leonard at 315.767.2122 or at hhsa.sailing@gmail.com to make changes to your consent form.

Parent's signature